



# TOWN OF THREE HILLS

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## **Town of Three Hills Arena COVID-19 Policies**

The Town of Three Hills is excited to open the Centennial Place Arena to the public on *September 14<sup>th</sup>, 2020*. As a community and organization, we are dedicated to keeping a clean and safe environment in all our facilities and spaces. The facilities that accommodate sporting events and practices will adhere to the most updated version of the [Guidance for Sport, Physical Activity and Recreation](#) document provided by the Government of Alberta.

In addition to the precautions outline in the document, The Town of Three Hills has implemented additional measures for all user groups participating in sport, physical activity and recreation.

If you have any questions about the policies below or believe more should be implemented please contact Adriane at [recreation@threehills.ca](mailto:recreation@threehills.ca) or 403-443-5822.

### **Lobby:**

The Centennial Place Arena is fortunate to have both a main entrance and two player entrances. To promote social distancing, players must use the players entrance located on the north end of the building and spectators must use the Main entrance located on the west end of the building.

While in the lobby you must stay within your cohort and ensuring physical distancing is put into place. While we do not require you to wear a mask, we recommend you wear one when physical distancing is not possible to prevent the spread of COVID-19.

When practices and games are completed, we ask that you do not stay in the facility for longer than 30 minutes. This will reduce the number of spectators and teams in the building at once. Additionally, it will allow our arena attendants to thoroughly clean and disinfect the facility.

### **Dressing Rooms:**

The Town of Three Hills has opened the dressing rooms to the teams and groups who have booked the cold zone. When available, teams will be granted two dressing rooms for practices and camps to encourage physical distancing. Each dressing room will be thoroughly sanitized after each user group. Only the participant and one adult are permitted to enter the dressing rooms as per town policy #460 (No siblings or additional family members unless **absolutely** necessary).

The dressing rooms will have physical distancing posters directly outside as a reminder to only allow as many participants in the dressing room as possible while still maintaining the recommended distance apart

The showers in the dressing rooms will be open and available to use for each group. The shower stalls will be limited and spaced out to encourage physical distancing. The Town of Three Hills strongly encourages all user groups to shower at home if possible. The touch points in the showers will be thoroughly sanitized after each user group. As per recommendations from

the Alberta Government, there will be disinfectant spray in the showers and player benches. The arena attendants will sanitize the dressing rooms and shower touch points after each group, but we strongly recommend that you spray the disinfectant before individual use of the showers and benches as an additional precaution.

### **Hand Sanitizer:**

Throughout the building the Town of Three Hills has set up and provided multiple hand sanitizer stations. We ask that all participants and spectators are aware of these stations and utilize them often. For proper use please refer to the Government of Alberta [Hand Sanitizer – What you need to know document](#).

If any stations are empty or have malfunctioned, please immediately notify the arena attendant on site.

### **Hand washing:**

Throughout the facility each washroom will be fully stocked with soap and paper towel. In addition, the washrooms will display posters for proper hand washing techniques. We ask that all persons entering the facility wash their hands often.

As stated by the Government of Alberta it is strongly recommended that the hands of the participants are washed before and after the activity and that the gloves, if applicable, are washed after each session.

If any supplies are empty, please notify the arena attendants as soon as possible.

### **Spectators:**

As per the Government of Alberta [Guidance for Sport, Physical Activity and Recreation](#) :

Spectators should be kept out of participant spaces (e.g., fields of play, courts, ice surfaces). With 2 metres of distance maintained between members of different households (with the exception of core/household cohorts), the following capacity restrictions apply:

- A maximum of 200 spectators is permitted for outdoor seated/audience events/settings.
- A maximum of 100 spectators is permitted for indoor events/settings.
- Cheering and yelling is strongly discouraged as it presents a high risk of spreading droplets.
- It is strongly recommended that spectators wear masks.

### **Warm Up / Pre-Ice time**

Throughout the COVID-19 pandemic, the upstairs viewing area will be closed to spectators. If the rooms are rented out, the rental group will be permitted to utilize the upstairs viewing area.

Warm up indoors will not be permitted from any team or group to help prevent the spread through heavy breathing. Teams are permitted to warm up outdoors or book one of our larger rooms if they need additional warm up time prior to the scheduled ice time.

### **Reporting outbreaks and sick participants:**

If any participant falls ill during a practice, camp or session please notify the arena attendant on site or email the director of Emergency Management at [ksidock@threehills.ca](mailto:ksidock@threehills.ca) immediately.

As per the Government of Alberta:

- If an attendee becomes sick while participating, the following requirements apply:
- While preparing to immediately leave the facility or event, symptomatic individuals should perform proper hand hygiene, put on a non-medical face mask, and maintain at least 2 metres distance from all others.
- The individual should arrange, with assistance from team officials or the facility as necessary, for immediate transportation to their home/residence to begin isolation. Public transportation like buses, taxis or ride sharing should be avoided. Refer to the Guidance for Taxis, Limos and Rideshares.
- Once a sick individual has left the facility or event, facility staff should clean and disinfect all surfaces and areas that the individual may have come into contact with.
- Provided that the guidance in this document is being followed, there is no need to cancel an activity, or postpone the undertaking of a cohort group or mini-league, in the event that an individual becomes sick.
  - Team officials should immediately consider and record the names of all participants in which the sick individual has been in contact. This information may be necessary to assist public health officials if the sick individual later tests positive for COVID-19